



Uppingham Triathlon Start List

Sunday 5th May 2024

Race No	Start Time	Wave	First Name	Last Name	Race Title	Club Name
291	08:47	16	Stephen	Abbott	Sprint Triathlon	
237	08:18	7	Emma	Agnew	Sprint Triathlon	RAF Triathlon
349	09:15	25	Lizzie	Allan	Sprint Triathlon	
311	08:57	19	Leigh	Anscombe	Sprint Triathlon	
216	08:06	3	Steven	Ashman	Sprint Triathlon	
241	08:18	7	Robin	Atter	Sprint Triathlon	Grantham Running Club
374	09:27	29	Natalie	Bannister	Corporate Entry	
268	08:33	12	Zoe	Bardley	Sprint Triathlon	
238	08:18	7	Gill	Bates	Sprint Triathlon	Eye Triathlon Club
306	08:53	18	Hannah	Baugh	Sprint Triathlon	
316	09:00	20	Richard	Baugh	Sprint Triathlon	
233	08:15	6	Ash	Berry	Sprint Triathlon	
274	08:37	13	Emma	Boyd	Sprint Triathlon	Fleckney and Kibworth running club
293	08:47	16	Ian	Brace	Sprint Triathlon	
372	09:27	29	Chris	Bramley-howell	Sprint Triathlon	
232	08:15	6	Aaron	Brennan	Sprint Triathlon	Petersham spartans
234	08:15	6	Jake	Brennan	Sprint Triathlon	Petersham Spartans
204	08:00	1	Dominic	Brown	Sprint Triathlon	
356	09:18	26	Liz	Brown	Sprint Aquathlon	

341	09:12	24	Neil	Buck	Sprint Triathlon	
364	09:24	28	John	Budworth	Sprint Triathlon	TFN
354	09:18	26	Neil	Bukavs	Sprint Triathlon	
370	09:27	29	Max	Burns	Sprint Aquathlon	Leicester Junior Tri Club
279	08:40	14	Les	Chesterton	Sprint Triathlon	
363	09:24	28	Sarah	Chynoweth	Sprint Triathlon	Belvoir Tri Club
347	09:15	25	Rob	Clarke	Sprint Triathlon	
310	08:57	19	Darren	Coley	Sprint Triathlon	
360	09:21	27	Paul	Collins	Sprint Triathlon	Nuneaton Tri Club
336	09:09	23	Rachel	Croll	Sprint Triathlon	
337	09:09	23	Russell	Croll	Sprint Triathlon	
322	09:03	21	Georgina	Crosby	Sprint Triathlon	
305	08:53	18	Tom	Cummins	Sprint Triathlon	
326	09:03	21	Elizabeth	Daniels	Sprint Triathlon	Belvoir tri club
299	08:50	17	Katie	Davill	Sprint Triathlon	
350	09:15	25	Carolyn	Derbyshire	Sprint Triathlon	Nuneaton Triathlon Club
292	08:47	16	Ben	Docherty	Sprint Triathlon	
344	09:12	24	Manuela	Dummer	Sprint Triathlon	Tri3 Sleaford
243	08:21	8	Roy	Eaton	Sprint Triathlon	
259	08:27	10	Sharon	Edwards	Sprint Aquabike	Nuneaton triathlon club
324	09:03	21	Rachel	Edwards	Sprint Triathlon	Greenlight PT
264	08:30	11	Sharn	Egginton	Sprint Triathlon	
300	08:50	17	Lee	Ekins	Sprint Triathlon	
284	08:40	14	Toby	Elkington	Sprint Triathlon	RAF Tri
330	09:06	22	Jennifer	Evans	Sprint Triathlon	4life Triathlon Club
267	08:33	12	Victoria	Fisher	Sprint Triathlon	
371	09:27	29	David	Foster	Sprint Triathlon	Belvoir Triathlon
229	08:12	5	Steve	Fox	Sprint Triathlon	
352	09:18	26	Ren√©	Franklin	Sprint Triathlon	
285	08:43	15	Esther	Fraser-betts	Sprint Triathlon	Belvoir Tri Club
304	08:53	18	Mitchell	Freeman	Sprint Triathlon	

273	08:37	13	Gemma	French	Sprint Triathlon	
382	09:33	31	Emma	Gardner	Sprint Triathlon	
301	08:50	17	Noah	Gater	15 - 19 Years Triathlon	
320	09:00	20	Roy	Gater	Sprint Triathlon	Tri3 Sleaford
218	08:06	3	Michael	Gillon	Sprint Aquabike	
288	08:43	15	Will	Glover	Sprint Triathlon	
378	09:30	30	Andrew	Goddard	Sprint Triathlon	Belvoir Tri Club
282	08:40	14	Philip	Gomm	Sprint Triathlon	
270	08:33	12	Henry	Gould	Sprint Triathlon	Belvoir Tri Club
338	09:09	23	Emma	Gower	Sprint Aquathlon	Nuneaton Triathlon Club
230	08:12	5	Elliott	Grabtree	Sprint Triathlon	
217	08:06	3	Zo ^v	Graves	15 - 19 Years Triathlon	
368	09:24	28	Jonathan	Greaves	Sprint Triathlon	WVTri
365	09:24	28	Alice	Hack	Sprint Aquathlon	
361	09:21	27	James	Haigh	Sprint Triathlon	Rugby triathlon club
214	08:06	3	Ross	Hallett	Sprint Triathlon	
215	08:06	3	Lucinda	Hallett	Sprint Triathlon	
333	09:09	23	Amanda	Hancock	Sprint Triathlon	
342	09:12	24	Claire	Hardesty	Sprint Triathlon	
263	08:30	11	Graham	Harper	Sprint Triathlon	BELVOIR Tri Club
309	08:57	19	Amanda	Harris	Sprint Triathlon	Nuneaton triathlon club
340	09:12	24	Phil	Harris	Sprint Triathlon	Nuneaton triathlon club
351	09:18	26	Justin	Hattee	Sprint Triathlon	
377	09:30	30	Lisa	Hayes	Sprint Triathlon	
207	08:03	2	Adam	Hedderick	Sprint Triathlon	
244	08:21	8	Adam	Herring	Sprint Triathlon	
265	08:30	11	Steven	Hewitt	Sprint Triathlon	
369	09:27	29	Jono	Hill	Sprint Triathlon	
358	09:21	27	Charles	Hillyer	Sprint Triathlon	Leicester Triathlon Club
331	09:06	22	Matthew	Hine	Sprint Triathlon	Belvoir Tri Club
225	08:12	5	Caroline	Hogg	Sprint Triathlon	

202	08:00	1	Peter	Holmes	Sprint Triathlon	
222	08:09	4	Belinda	Hopewell	Sprint Triathlon	
329	09:06	22	Robert	Hopper	Sprint Triathlon	
307	08:53	18	Harry	Horsley	Sprint Triathlon	
376	09:30	30	Nicola	Horsley	Sprint Aquathlon	
203	08:00	1	Mollie	Huckerby	Sprint Triathlon	
327	09:06	22	Sean	Hudson	Sprint Triathlon	
339	09:12	24	Jenna	Hulme	Sprint Aquabike	
359	09:21	27	Morgan	Hume	Sprint Aquathlon	
380	09:30	30	Ellie	Hume	Sprint Aquathlon	
248	08:21	8	Kevin	Hyde	Sprint Triathlon	
257	08:27	10	Lewis	Hyde	Sprint Triathlon	
228	08:12	5	Nathan	Idell Lenton	Sprint Aquathlon	
280	08:40	14	Jonathan	Jackson-berarey	Sprint Triathlon	
275	08:37	13	Gemma	Jenkins	Sprint Triathlon	
312	08:57	19	Mary	Johnson	Sprint Triathlon	Entered twice - please specify Relay/Individual
315	09:00	20	Mary	Johnson	Family Relay	
227	08:12	5	Laura	Jones	Sprint Aquathlon	
254	08:24	9	Sue	Jones	Sprint Triathlon	Chasewater Tri club
269	08:33	12	Leanne	Jones	Sprint Triathlon	
236	08:15	6	Sean	Kerr	Sprint Triathlon	
328	09:06	22	Laura	Kettle	Sprint Triathlon	Belvoir Triathlon Club
379	09:30	30	Sadie	Langdon	Sprint Aquathlon	
262	08:30	11	Neil	Latta	Sprint Triathlon	
321	09:03	21	Jem	Lawson	Sprint Triathlon	Newark Triathlon Club
256	08:27	10	Helen	Lewis	Sprint Aquathlon	Angels Running Club
346	09:15	25	Blair	Long	Sprint Triathlon	Titan Triathlon
277	08:37	13	Gregor	Maclean	Sprint Triathlon	
278	08:37	13	Emily	Maclean	Sprint Triathlon	
251	08:24	9	Ian	Mann	Sprint Triathlon	
240	08:18	7	Clare	Marlow	Sprint Triathlon	

239	08:18	7	Mary	Mason	Sprint Triathlon	Belvior Triathlon Club
242	08:18	7	Sophie	Meehan-green	Sprint Triathlon	
366	09:24	28	Richard	Metcalfe	Sprint Triathlon	Race Hub
355	09:18	26	John	Michael	Sprint Triathlon	Birstall RC
272	08:33	12	Ruth	Moore	Sprint Triathlon	Belvoir Tri
290	08:43	15	Stephen	Moore	Sprint Triathlon	Belvoir Tri Club
209	08:03	2	Matthew	Morris	Sprint Triathlon	
353	09:18	26	Kim	Mousley	Sprint Triathlon	
283	08:40	14	William	Naylor	Sprint Triathlon	
266	08:30	11	Emma	Neal	Sprint Triathlon	
381	09:33	31	Tim	Neal	Sprint Triathlon	Ware SC
208	08:03	2	Harriet	Nichols	Sprint Triathlon	
287	08:43	15	Kathy	O'brien	Sprint Triathlon	Nuneaton Triathlon Club
226	08:12	5	Elin	Onions	Sprint Aquathlon	
298	08:50	17	Katie	Onions	Sprint Aquathlon	
308	08:53	18	Michaela	Parr	Sprint Triathlon	EYE TRIATHLON CLUB
219	08:09	4	Claire	Payne	Sprint Triathlon	Chaffing the dream
210	08:03	2	Ashley	Pick	Sprint Triathlon	
235	08:15	6	Neil	Plant	Sprint Triathlon	Eye Tri
289	08:43	15	Travis	Powell	Sprint Triathlon	
303	08:53	18	Melissa	Pozerskis	Sprint Triathlon	
255	08:27	10	Heidi	Pryor-jones	Sprint Aquathlon	Lonely Goats RC
345	09:15	25	Joshua	Quailey	Sprint Triathlon	
296	08:47	16	Alistair	Quigley	Sprint Triathlon	Nuneaton Triathlon Club
276	08:37	13	Sidney	Richardson	Sprint Triathlon	
286	08:43	15	Charles	Roberts	Sprint Triathlon	Boston Triathlon Club
318	09:00	20	Steve	Robinson	Sprint Triathlon	
249	08:24	9	Tracy	Rookyard	Sprint Triathlon	Eye Triathlon Club
375	09:30	30	Richard	Saqladi	Sprint Triathlon	Team Bottrill
335	09:09	23	Paul	Scott	Sprint Triathlon	Belvoir Tri Club
250	08:24	9	Robert	Seaman	Sprint Triathlon	Northants Tri

221	08:09	4	Rachael	Shooter	Sprint Triathlon	
271	08:33	12	Kate	Sidwell	Sprint Triathlon	
205	08:00	1	Shaun	Sinclair	Sprint Triathlon	
302	08:50	17	Sam	Skelton	Sprint Triathlon	
206	08:00	1	Cara	Smith	Sprint Triathlon	
223	08:09	4	Alex	Smith	Sprint Triathlon	
362	09:21	27	Tom	Smith	Sprint Triathlon	
297	08:50	17	Sandy	Soderberg	Sprint Triathlon	
246	08:21	8	Hazel	Spencer-payne	Sprint Aquathlon	Chaffing the dream
261	08:30	11	Katie	Spendlove	Sprint Triathlon	enDuRo Team
212	08:03	2	Afton	Sperry	Sprint Triathlon	
258	08:27	10	Matt	Stamps	Sprint Triathlon	
260	08:27	10	Peter	Steel	Sprint Triathlon	
220	08:09	4	Ian	Stevenson	Sprint Triathlon	
211	08:03	2	Jason	Strachan	Sprint Triathlon	
213	08:06	3	Rachel	Strachan	Sprint Triathlon	
323	09:03	21	Debra	Suffolk	Sprint Aquabike	Nuneaton Triathlon Club
253	08:24	9	Dylan	Sutton	Sprint Triathlon	
325	09:03	21	David	Sutton	Sprint Triathlon	
231	08:15	6	Marion	Thomas	Sprint Triathlon	Cliff Village Runners
343	09:12	24	Alice	Travers	Sprint Triathlon	
332	09:06	22	Dave	Traves	Sprint Triathlon	
367	09:24	28	Calum	Turner	Sprint Triathlon	Rutland Running & Traithlon Club
295	08:47	16	Mark	Tyler	Sprint Triathlon	Melton Ttiathlon Club
317	09:00	20	Lisa	Udall	Sprint Aquabike	Belvoir Tri Club
294	08:47	16	Rachel	Wade	Sprint Triathlon	
247	08:21	8	Samuel	Wallis	Sprint Triathlon	
373	09:27	29	Gwen	Whetton	Sprint Aquathlon	
348	09:15	25	Katie	Willetts	Sprint Triathlon	
224	08:09	4	Tommy	Williams	Sprint Triathlon	
314	08:57	19	Andrew	Williams	Sprint Triathlon	Hulan Hoofers

319	09:00	20	Jessica	Williamson	Sprint Aquathlon	Rutland Running and Triathlon Club
313	08:57	19	Tom	Wilson	Sprint Triathlon	
252	08:24	9	Richard	Wood	Sprint Triathlon	
383	09:33	31	Theo	Woollams	15 - 19 Years Triathlon	Ketton
245	08:21	8	Marie	Woolley	Sprint Aquathlon	
334	09:09	23	James	Wright	15 - 19 Years Triathlon	Loughborough Schools
281	08:40	14	Jasmine	Yates	Sprint Triathlon	Nuneaton triathlon
201	08:00	1	Hattie	Zareba	Sprint Triathlon	